

سوابق حرفه ای (CV)



دانشگاه علوم پزشکی و خدمات بهداشتی درمانی ایران
دانشکده پرستاری و مامایی

مشخصات فردی	
	mahnaz Name
	seyedalshohadaee Last name
	Tehran's Vali Asr Avenue, Vanak Sq, St Rshydyasmy, School of Nursing and Midwifery Address
	43651606
	09122979750 Work Phone Number
	43651000 Phone Number
	Seyedalshohadaee.m@iums.ac.ir E-mail addresses, work
	saydshohadai@yahoo.com E-mail addresses, personal
Academic rank:	
Assistant Professor	
Documentation and training	
Bachelor of Tabriz University of Medical Sciences 1370 Master of Medical Surgical Nursing, Tabriz University of Medical Sciences, 1374 Doctorate of Business Administration (DBA) Tehran University	
Training course	
Training course of ICDL 1384 General first-aid short term basis Aging New wound dressing	
Language qualifications	
- Kurdish (mother tongue) - English ((intermediate level) - Persian	

Professional interests

Clinical Education
Teaching Theory
Research
Essay Writing

Current professional memberships

- Faculty member of Internal Surgery Department
- Deputy of Financial Administration of the Faculty
- Member of Research Committee of Internal Surgery Group
- Member of the Faculty Education Council
- Faculty of Culture
- Member of the Faculty Strategic Committee
- Member of Research Committee, Department of Surgery, School of Nursing and Midwifery , Iran
- member of the Board of Education School of Nursing and Midwifery , Iran
- Member of the Cultural Council of the Faculty, Iran 1392
- Member of Strategic Steering Committee , School of Nursing and Midwifery, Iran, 1392
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- Member of the editorial board of Medical Sciences Iranian Journal of Nursing and Midwifery - Kurdistan 1376-1375
- Committee member promote scientific workers of Kurdistan University of Medical Sciences - Kurdistan 376-1374
- Member of the Committee to develop a plan to gather job training in the medical sciences division of Iran - Tehran 1382
- Member of school internal assessment committee Iran - Tehran 1383
-
- Society of Cardiology Heart Association 1386-1385
- Industry Collaboration Committee and the University of Nursing and Midwifery 1385
- Sign the Book Review Committee standards of nursing care nursing organization in 1386

Professional work experience and educational experiences

Teaching theoretical and clinical nursing courses
Teaching theoretical and clinical courses in MS in Internal Surgery and Special MS.
Teaching in master's preparation classes
Teaching Vocational Heart Association retraining courses
Theses Guide for Senior Students
Senior thesis counseling
Reviewer of the article in scientific journals
Referee Thesis for Senior Students

Research Experiences

- Comparison of respiratory spiral incidence in two tube feeding methods (intermittent bolus and intermittent drops) in patients with neurological diseases admitted in ICU wards of selected hospitals of Tehran 2002
- The effect of exercise activities during pregnancy on pregnancy outcome of nulliparous women referred to health center affiliated to Ministry of Health and Medical Education
- Assessment of Quality of Life and its Relationship with Health Promoting Behaviors in Elderly Referred to Public Wards of West Tehran 2005
- Risk Factors for Urinary Tract Infections in Type 2 Diabetic Patients Referred to Endocrine and Metabolism Center of Iran University of Medical Sciences
- The effect of self care education on the incidence of physical burn injuries in patients admitted to Motahari hospital 2006
- Comparative study of the effect of mouthwash with chlorhexidine solution on conventional pneumonia induced by mechanical ventilation
- Comparison and Comparison of Spiritual Health among the Elderly Residents and Home Attending Health Centers in Isfahan 2011
- Relationship between hemodynamic function of blood oxygenation and pressure ulcer in patients undergoing mechanical ventilation 2012
- Comparison of the effect of two methods of group training and face to face training on the knowledge and anxiety of patients admitted to coronary angiography candidate diagnostic method 2012
- Relationship between moral stress and job burnout in nurses working in intensive care units of hospitals affiliated to Tehran University of Medical Sciences 2011
- Relationship between Boarding Types and Nursing Care Behaviors of Hospitals Affiliated to Tehran University of Medical Sciences 2012
- Relationship between health literacy and self-care in type 2 diabetic patients referred to the Institute of Endocrine and Metabolic Sciences of Iran University of Medical Sciences in 2013
- Relationship between quality of work life and caring behaviors of nurses working in cancer wards of Tehran University of Medical Sciences
- Comparison of the effect of two methods of group and face to face training on the knowledge and anxiety of skin graft burn patients admitted to Motahhari burn injuries hospital in Tehran
- The effect of bladder training on urinary incontinence and quality of life in patients with multiple sclerosis 2013
- Evaluation of Standard Chemotherapy Precautions Observed by Nurses in Chemotherapy Drugs in Hospitals Affiliated to Tehran University of Medical Sciences 2012
- Comparison of two methods of endotracheal tube fixation with the usual method on quality of care in ICU patients 2010
- Relationship between health literacy and self-care behaviors of type 2 diabetic patients referred to Diabetes Research Center of Tehran University of Medical Sciences in 2013
- The effect of preferential music on pain intensity and physiological parameters of patients after coronary artery bypass surgery 2016
- Comparison of trend of health indicators before and after implementation of family physician program in rural areas of Kurdistan province
- The effect of self-care education on resilience of heart failure patients 1396
- The effect of self-care education on pain in patients with lumbar disc disease
- The relationship between personality traits and mental health and quality of life of nursing students of Iran University of Medical Sciences 2014
- The effect of life skills training on self-management and adaptation of patients with multiple sclerosis 2016
- Evaluation of the effect of coping skills training on caregiver stress and anxiety of cancer caregivers undergoing chemotherapy 2016
- The Relationship between Anxiety of Family Member of Patients Referring to Emergency Wards and Their Views on Communication Skills of Emergency Nurses in Educational Centers of Iran University of Medical Sciences in 2018
- The Relationship between Death Anxiety and Health Related Quality of Life in Caregivers of Multiple Sclerosis Referred to MS Association of Tehran in 2019

- Assessment of resilience and anxiety in burn patients undergoing skin transplant surgery 2019
- Investigating the relationship between resilience and the care burden of caregivers of people with spinal cord injuries who refer to the Iranian Spinal Cord Injury Support Association.2021
- Investigating the effectiveness of sexual rehabilitation training on anxiety and sexual satisfaction of women with spinal cord injuries2022
- Evaluation of the effect of peer education on the anxiety and hope of patients with thalassemia major 2022
- **Knowledge, Attitude and Practice Regarding COVID-19 in Patients With Diabetes 2023**
- **Resilience and Self-Care in Patients with Heart Failure: A Cross-Sectional Study 2024**
- **Women with Spinal Cord Injuries, Anxiety and Sexual Dissatisfaction: Do They Benefit from Sexual Rehabilitation Education 2025**

Publishers				
Published Articles				
Colleagues names respectively	Release Year	Journal Number	Magazine name	Title
Soghra nikpour Agil habibi sola Mahnaz saydshohadai Hamid haghani <i>Soghra Nikpour, Aghil Habibi Sola, Mahnaz, Seiedoshohadaei, Hamid Haghani, Eftekharalsadat Hadjikazemi</i>	April 2007	4	Middle east journal of age and aging	Relation ship between quality of li e and socio- demographic characteristic among older people in Tehran – iran
<i>Soghra Nikpour, Aghil Habibi Sola, Mahnaz, Seiedoshohadaei, Hamid Haghani, Eftekharalsadat Hadjikazemi</i>	December 2006	Volume 3	Middle east journal of age and aging	Health promotion behaviors among elderly in west area in Tehran Iran2006
<i>Soghra Nikpour, Aghil Habibi Sola, Mahnaz, Seiedoshohadaei and Hamid Haghani</i>	September 2007	Volume 18, No 1	European Journal of Scientific Research	Health Promotion Behaviors and Quality of Life Among Elderly in West Area in Tehran-Iran 2006: A Cross-Sectional Survey 86-95
Mahnaz SeyedShohadaei1, Saeid Hossein Oghliz, Forough Rafieis, Kazem Najafi4 Fatemeh Zeinalis	2015	:7(2	World Rural – Observations)	

Saeid Hossein Oghli ¹ , Mahnaz SeyedShohadaei ² , Leila Khosravifar ³ , Fateme Zeinali ⁴ , Reza Karimirad ⁵ , Soraya Mam Khosravi ⁶ , Forough Rafiei ⁷	2016	;2(2)	Biomedicine and Nursing	Investigation Nurses – caring behavior working in cancer section based on patients point of view
Mahnaz Seyedoshohadaei¹, Fateme Babaeyan Kshtelei², Na'imeh Seyyed Fatemi², Mehrdad Saravi³, Hamid Haghani⁴	August 2018.	Volume 4. Number 3	Client-Centered Nursing Care	Investigation quality of work life of nurses working in cancer sections
Behzad hematpoor,ali golami , shima parnian , mahnaz seyedoshohadaee	Oct-des 2018	11(4):387 – 393	Journal of medicine and life	The Effect of Self-Care Education on the Resilience of the Patients With Heart Failure
Mahnaz seyedoshohadaee, naimeh seyedfatemi ,	Apr 2018	Vol 16	Annals of tropical medicine &public health – special	The effect of life skills training on the self – management of patients with multiple sclerosis
hamid haghani				Body image in men with burns
Mahnaz Seyedoshohadaei^{1*}, Shakeh Haghazarian², Mansoureh Ashghali Farahani¹, Hamid Haghani³	February 2015 . Volume 1. Number 1		Client- Centered Nursing Care	
Mahnaz Seyedoshohadaei¹, Shima Parniani^{2*}, Marjan Mardani², Hamid Haghani³	Autumn 2016 . Volume 2. Number 4		Client- Centered Nursing Care	Effect of Stabilizing Endotracheal Tube on Quality of Airway Management in Patients Hospitalized in ICU
Mahnaz Seyedoshohadaei¹, Alice Khachian^{1*}, Naimeh Seyedfatemi², Mokhtar	2019		wjps	The Effects of Life Skills Training on Patients' Adaptation With Multiple Sclerosis
Mahnaz Seyedoshohadaei ¹ ,			Iran Journal of Nursing (IJN)	The Effect of Short-Term Training Course by Nurses on Body Image in Patients with Burn Injuries

*Mina Ahmadi²,
Hamid Haghani³

Vol 32, No.
119, Aug
2019: 8

The Correlation between the Anxiety of the
Family Members of the
Patients Referring to the Emergency
Department and Their Views on the
Communication Skills of Nurses

Iran Journal of
Nursing (IJN)

Mahnaz
Seyedoshohadaee¹,
*Maryam Bozorgi
Matin², Hamid
Haghani³

Vol 32,
No. 120,
Oct 2019:
1- 120- 90

**Association of Death
Anxiety and Quality of
Life in the Caregivers of
Patients with Multiple
Sclerosis**

**International
Journal of
Orthopaedic and
Trauma Nursing**

A. Khachiana, M.
Seyedoshohadaei^a, H.
Haghani^b, F. Amiri^{a,*}

2020

**Effect of self-management
program on outcome of
adult knee osteoarthritis**

Central European
Journal of Nursing
and Midwifery

Mahnaz
Seyedoshohadaee¹,
*shima parnian,
Hamid Haghani³

November
17, 2021

THE EFFECT OF LIFE
SKILLS TRAINING ON
THE COPING OF PEOPLE
WITH MULTIPLE
SCLEROSIS

*Indian Journal of
Forensic Medicine
& Toxicology,*

Masomeh
khairkhah ,
Mahnaz
Seyedoshohadaee¹,
mitra saboni,
Hamid Haghani³

July-
september
2021

The Effect of Pender's
Health Promotion Model-
based Education on the
Physical Activity among
Pregn ant Women

European Journal
of Translational
Myology

Mahnaz
Seyedoshohadaee
Tahereh Najafi
Ghezeljeh
, Shima Haghani²

26 August
2022

Implementation of a nursing
rehabilitation model to
improve quality of life of
patients with hand burns: A
randomized clinical trial

Middle East J Rehabil
Health Stud;
9(4):e123847.

Mahnaz
Seyedoshohadaee
Tahereh Najafi
Ghezeljeh
, Shima Haghani²

September
18
2022

The Effect of Implementing
a Rehabilitation Nursing
Program on Hand Burn
Patients' Daily Functioning:
A Randomized Clinical Trial

M Ehsani, M
Seyedoshohadaee, 2023
S Haghani, S
Shojaeimotlagh

IRAN JOURNAL
OF NURSING
(IJN)

Knowledge, Attitude and
Practice Regarding
COVID-19 in Patients
With Diabetes

Seyedoshohadaee, 2024
M., Soleimani, M.,
Haghani, H.,
Zeighami, K.

Middle East
Journal of
Rehabilitation and
Health Studies
12(2),e148774

Women with Spinal Cord
Injuries, Anxiety and
Sexual Dissatisfaction: Do
They Benefit from Sexual
Rehabilitation Education?

QK Hayef, A
Khachian, AJ
Kadhim, M
Seyedoshohadaee,
S Haqhani

Kufa Journal for
Nursing
Sciences, 14 (2)

Resilience and Self-Care
in Patients with Heart
Failure: A Cross-Sectional
Study

1. Incidence of Respiratory Spiralsation in Two Tubular Nutrition Methods (Alternating Bolus and Alternating Droplets) in Neuropsychiatric Patients 2002 Iranian Journal of Nursing 32-33 Winter 81 and Spring 82
2. Diabetes Nursing and Midwifery Journal of Kurdistan University of Medical Sciences 1994
3. Assessment of Quality of Life and its Relationship with Health Promoting Behaviors in Elderly People Referred to Public Wards of West Tehran 2005 Iranian Journal of Nursing
4. Prevalence of Urinary Tract Infections and Risk Factors in Women with Type 2 Diabetes Improvement Quarterly Journal of Kermanshah University of Medical Sciences 2009
5. Comparing the Effect of Dry and Wet Dressing on Burn Wound Healing Iranian Journal of Nursing Vol.
6. The Spiritual Health of Elderly Residents and Home Residents Journal of Nursing Care Research Center of Tehran University of Medical Sciences (Iranian Journal of Nursing) Volume 2, Issue 1, May 2008;
7. Comparison of the Effect of Two Methods of Group Training and Individual Training on the Knowledge and Anxiety of Patients Hospitalized for Coronary Angiography Journal of Faculty of Nursing and Midwifery, Tehran University of Medical Sciences (2012)
8. The Role of Hemodynamic Status and Blood Oxygen in the Occurrence of Pressure Wound in Patients Under Mechanical Ventilation Nursing Care Research Center of Tehran University of Medical Sciences (Iranian Journal of Nursing) Volume 18, Number 3 March;
9. Quality of Life in Adolescents with Epilepsy and its Related Factors Journal of Nursing Care Research Center of Tehran University of Medical Sciences (Iranian Journal of Nursing) 1- Volume 2, Number 2, December 2, 2
10. The Relationship between Day Care Types and Nurses' Caring Behaviors in Koomesh - Volume 61, Number 3) 55 (, Spring 94)
11. Effect of Chlorhexidine Mouthwash on Pneumonia Induced by Mechanical Ventilation in Nursing Care Research Center Journal of Tehran University of Medical Sciences (1-8, Volume 2, Number 2, December 2)
12. Investigating the Relationship between Health Literacy and Self-Care Behaviors in Patients with Diabetes Type Nursing Research Volume 10 Number 4 Winter 2015 131 -

13. The Relationship between Public Health and Health Literacy in Type 2 Diabetes Patients, published in the journal Life
14. Risk Factors Related to Delirium Following Cardiac Surgery Journal of Military Care Sciences, No. 5, Fall 2015 2015 158
15. The Relationship between Day-to-Day Types and Nurses' Caring Behaviors Iranian Journal of Nursing, No. 91, November-December 2014 Pages 44-53
16. The Effect of Pelvic floor Muscle Training on Urinary Incontinence in Patients with Multiple Sclerosis Iranian Journal of Nursing, No. 87, May 2014 Pages 43-54
17. The Relationship between Blood Transfusion and Pulmonary Heart Pump with Delirium Journal of Sabzevar University of Medical Sciences, No. 71, 2013 Pages 801-807

(Books (Collecting, Editing, Translation, Editing

- Internal Medicine Nursing 4 Compilers 2005 Modares Graduate Assessment Institute
- Nursing Principles and Techniques - Putter & Perry (Communication Section) Group Translation 2003 Healthy Institute
- Skin and Burns (Nursing Lecture - Bruner & Sudarth 2000) Willemstad 2001 Arjmand Publications - Healthy Publishing
- Nursing Clinical Guidelines Group Translation 2006
- ABC in translation burns and compilation in print
- Quality of Work Nurses Translated and Written by Mahatab Publishing
- **ABCof burn 2024**
- **Nurology nursing (first volume)2024**
- **Nurology nursing (second volume)2024**
- **Family – centered rehabilitation in nervous system disorders 2024**

Conferences / Seminars / Presentations

Oral presentation

- AIDS Seminar Speaker
- Coordinated training in lecturer nursing guidelines
- Invited Speaker International Congress of Medical Intensive Care
- Congress of Infectious and Tropical Diseases of Iran,/ Member of the Panel
- In-Service Training Course of ICU / Lecturer
- In-service burn training course responsible and instructor
- National Congress of Nursing and Midwifery Care (Health Promotion)/ Speaker 2005
- Seminar on New Changes in Nursing Speaker Guidelines
- Food Seminar
- Fifteenth Congress of Iranian Cardiovascular Association Lecturer 2006
- A New Look at Clinical Education / Lecturer 2006
- Second Congress of New Approaches to Nursing and Midwifery Education "Today's Planning Needs for Tomorrow" / Member of Scientific Committee
- Seminar of Therapeutic Exercise in Diseases
- Seminar on Pain Assessment and Evaluation Methods
- Clinical Education Seminar and How to Promote It Speaker 2008
- Workshop on Pain and the Methods of Coping With It
- Wound Seminar and Wound Care Seminar Secretary 2008

- First Middle East Congress of Rhinology and Plastic Surgery Face Scientific
- Continuing medical education (ICU principles of care) general ICU speaker
- Workshop Pain and Coping Techniques 11th Iranian Congress of Urology Lecturer 6/28/88
- Second Middle East Congress of Rhinology and Plastic Surgery Facial Lecturer –
- Lecturer's Clinical Examination Workshop
- Third Congress of Nursing and Midwifery Education Scientific Committee
- Workshop on Pain and Methods of Coping
- National Seminar on Quality Improvement in Care (Kurdistan University of Medical Sciences)
- Empowerment Workshop
- International Congress of Intensive Care
- Workshop on Pain and Methods of Exposure
- National Seminar on Care of Kidney and Urinary Tract Patients
- Seminar on Restoration of Scientific and Spiritual Values of Nursing
- Nursing Management and Training Seminar Participant
- Patient Education Seminar
- Transplant Seminar
- Seminar on Traditional Medicine Participant
- Seminar on Vaccination News Participant
- Providing concurrent training in the implementation of serum nursing
- nursing guidelines in participating children
- Family Health Seminar
- Congress of Nursing Care Attending
- Congress of Coordination of Education - Health and Treatment in Nursing and Midwifery National Congress of
- Nursing and Midwifery "Reproductive Health" / Iran University of Medical Sciences
- Management Seminar
- Congress of Infectious and Tropical Diseases of Iran, / Member of the Panel
- Tropical Infectious Diseases Congress / Ministry of Foreign Affairs Political Studies Center
- In-Service Training Course of ICU Lecturer
- In-service burn training course responsible and instructor
- Internal Evaluation of Faculty Member of Committee
- National Congress of Nursing and Midwifery Care (Health Promotion)
- Feminist Perspective Seminar
- Basic Participant Relief and First Aid Period
- 15th Congress of Iranian Cardiovascular Society

poster presentation

- Comparative Study of the Effect of Dry and Moist Dressing and Nutrition on Burn Wound (Dubai)
- EFFECTS OF TWO ORAL ENDTRACHEAL TUBES SECURING METHODS ON THE QUALITY OF AIRWAY CARE (Malaysia)
- †Comparative Study of Spiritual Health in Elderly Residents and Home Referred to Health Centers in Isfahan 2013 (Kurdistan University of Medical Sciences)

Research credits

- **Assessment of quality of life of chemical warfare veterans of Sardasht city Jamali-Khangari-Haghani-2004**
- **Quality of Life and its Relationship with Health Promoting Behaviors in Elderly People Referred to Public Wards of West Tehran 2005 Habibi-Nikpour-Haghani 2006**
- **Comparison of two methods of dry dressing and burn wound dressing in Shahid Motahari Hospital, Tehran, 2006**
- **Factors Affecting the Rate of Urinary Tract Infections and its Related Factors in Nursing Female Students of Dormitory at Tehran University of Medical Sciences in the First and Second Semesters of the Academic Year 85-84**

- Risk Factors for Urinary Tract Infections in Type 2 Diabetic Patients
- Comparison of two methods of endotracheal tube fixation with the usual method on quality of care in patients in Shakhtar Haghghatari Specialty Hospital - Mansoureh Farahani - 2010
- Investigation of damage caused by sharp and sharp tools in the public and private sectors
- Comparison of mental image of body in men and women with burns
- Evaluation of the relationship between circulation types and nurses' caring behaviors in hospitals of Tehran University of Medical Sciences 2012
- Comparison of the spiritual health of the elderly living in the nursing home and at home referring to health centers
- The effect of Chlorhexidine mouthwash on pneumonia induced by mechanical ventilation in ICU patients.
- The relationship between occupational stress and standard chemotherapy precautions in nurses working in cancer wards of Tehran hospitals in 2013
 - The Relationship between personality Types and Nurses' Caring Behaviors 2014
 - The Effect of Pelvic floor Muscle Training on Urinary Incontinence in Patients with Multiple Sclerosis 2014
 - 17. The Relationship between Blood Transfusion and Pulmonary Heart Pump with Delirium 2013
 - The Effect of Implementing a Rehabilitation Nursing Program on Hand Burn Patients' Daily Functioning: A Randomized Clinical Trial 2022
 - Implementation of a nursing rehabilitation model to improve quality of life of patients with hand burns: A randomized clinical trial 2022
-
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Awards and honors

- Student Satisfaction Survey Results / Dr Seyed Fatemeh Oskooi
- Advancing Research and Collaboration Goals in Preparing School Dean's Book / Dr. Seyed Fatemeh Oskooi
- Collaborating on the activities of the Head of School / Dr. Seyed Fatemeh Oskooi
- Acknowledgment and Appreciation of the Assistant Professor of Education
- Thanks and appreciation to the Head of School / Dr. Seyed Fatemeh Oskooi
- Appreciation for fulfilling assigned tasks in promoting the educational goals of Dr. Oskooey Dean of the Faculty
- Sample instructor of the Minister of Health / Doctor of Medicine
- Sample instructor of the Minister of Health / Dr Marandi
- Sample Instructor, Dean of Kurdistan University of Medical Sciences / Dr Darfashi
- Acknowledgments The President of Motahari Burns Hospital / Dr. Yamin
- Acknowledgments and Appreciation of Islamic Student Association
- Cooperation in the Evacuation of War Injured Head of the 524th Regional Hospital of the Army of the Islamic Republic of Iran
- Attending Presidency Meeting and Vice President of Sport University Presidency College
- Contribute to the Honorable Mention of the Clerk of the College Presidency Survey
- Translation - School Presidency Book Compilation
- Competence in performing assigned tasks and collaborating in promoting the educational goals of the Faculty President
- Obtaining the Productivity Award and Certificate of Commitment to the Excellence of the Presidency of the College
- Presenting Research Project - Publishing an Article in Foreign Journals - Book
- Selected by the Faculty Presidency Festival
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آخرين بازبینی: ۱۴۰۳ اسفند - ۱۷ مارس ۲۰۲۵