# Maryam Ehsani

Assistant Professor, Nursing PhD, Msc, Bsc

#### **Personal Details:**

Name and Family Name: Maryam Ehsani
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General Email address: <a href="mailto:my.ehsani@gmail.com">my.ehsani@gmail.com</a>

### **Education:**

1- PhD in Nursing

2012 Feb - 2017 Jan;

Isfahan University of Medical Sciences, Hezar Jarib St., Isfahan, 81746-73461, Iran (Dissertation title: Developing and Implementing "Truth telling" Protocol for Cancer Patients: A Mixed Methods Study) (scored 19.8 out of 20)

2- Master of Nursing (Medical Surgical)

2000 Sep - 2003 Apr; GPA: 18.23 out of 20 (top student); Gilan University of Medical Sciences, Iran

3- Bachelor of Nursing

1996 Sep – 2000 Jul; GPA: 18.37 out of 20 (top student); Gilan University of Medical Sciences, Iran

### **Experience:**

- 1- 2018 May Present, (Assistant Professor) Iran University of Medical Sciences, School of Nursing and Midwifery, (Address: Tehran, P.O.Box: 1996713883, Iran)
- 2- 2003 Oct 2018 Jan, (Assistant Professor, Lecturere) Nursing Dept., Faculty of Medicine; Islamic Azad University, Tonekabon Branch

#### **Publications:**

- 1- Articles:
  - 2023: Ehsani M, farzi S, Farzi F, babaei S, Heidari Z and Mohammadi F. nursing students and faculty perception of academic incivility: A descriptive qualitative study. J Edu Health Promot 2023; 12;44.
  - 2022: Bozorgzad P, Ehsani M and Zarei Mohammadreza. Virtual visiting in intensive care unit during covid-19 pandemic: A window to the patient/family centered care. Cardiovascular Nursing Journal; 11 (1), pp: 40-9. {in Persian}
  - 2022: Ehsani M, Farahani MA, Haghani S, Khaleghparast S, Memar MM. Assessment of knowledge and practice of cardiovascular nurses regarding warfarin. J Edu Health Promot 2022;11:270
- 2022: Development of a Patient Decision Aid to Help People Living with Inflammatory Bowel Disease B Tamizifar, M Ehsani, S farzi, P Adibi, F Taleghani, S Farzi, M Shahriari, ... Middle East Journal of Digestive Diseases 14 (1), 57-63

- 2022: The relationship between personality traits of cancer patients and their preferences when receiving bad news, Supportive Care in Cancer, 2022 Mar;30 (3):2299-2306. doi: 10.1007/s00520-021-06630-x.
- 2021: Challenges to Family Caregivers in Caring for Gastric Cancer Patients from Perspectives of Family Caregivers, Patients, and Healthcare Providers: A Qualitative Study, Indian Journal of Palliative care,
- 2021: The Relationship Between Hope and Received Information About Cancer Among Women with Breast Cancer: A Descriptive-Correlational Study, International Journal of Cancer Management 14 (8),
- 2021: Family Satisfaction of Patients Hospitalized in Intensive Care Units of Selected Educational-Medical Centers of Iran University of Medical Sciences, Journal of Critical Care Nursing 14 (1), 8-16
- 2021: Nutritional challenges of gastric cancer patients from the perspectives of patients, family caregivers, and health professionals: a qualitative study; Supportive Care in Cancer Journal, Published Online: January 2021
- 2020: Evaluation of in-person continuing education programs from the perspective of ward nurses; Journal of Educaion and Healh Promotion (JEHP), 9 (258), pages 1-6.
- 2019: Effect of Implementing Domestic Truth-telling Protocol on Stress, Anxiety and Depression in cancer Patients; Middle East Journal of Cancer (MEJC), 10 (4), pages 351-360.
- 2019: Caring Burden and Quality of Life of Family Caregivers in Patients Undergoing Hemodialysis: A
  Descriptive-Analytic Study; IJCBNM Volume 7, Issue 2, Pages 88-96
- 2017: Breaking Bad News Protocol for Cancer Disclosure: an Iranian Version; Journal of Medical Ethics & History of Medicine; Volume 10, Issue 13, 2017; Pages 167-173;
- 2017: Perspective of Nurses toward the Patient Safety Culture in Neonatal Intensive Care Units; Iranian Journal of Neonatology; Volume 8, Issue 4, 2017, Pages 89-94; DOI: 10.22038/IJN.2017.9985
- 2016, Perceptions of Patients, Families, Physicians and Nurses Regarding Challenges in Cancer Disclosure: A
  Descriptive Qualitative Study; European Journal of Oncology Nursing; Vol 25, 2016,
  Pages 55-61; DOI: http://dx.doi.org/10.1016/j.ejon.2016.09.003
- 2016, Exploring Perceptions and Preferences of Patients, Families, Physicians and Nurses Regarding Cancer Disclosure: A Descriptive Qualitative Study; Supportive Care in Cancer Journal; Vol 24 (11), Pages 4651-4659; DOI 10.1007/s00520-016-3308-x
- 2015, Barriers to clinical governance administration from viewpoint of managers and nurses; Holistic Nursing and Midwifery Journal; Vol 25 (4), Pages 45-52
- 2015, Efficiency of Staff Development Program and Its Relationship with Nurse's Professional Competency; Holistic Nursing and Midwifery Journal; Vol 25 (4) Pages 73-80
- 2014, Simulation; Strides in Development of Medical Education; Journal of Medical Education Development Center; Vol 11, No (2), Pages 272 -279
- 2014, Peer Education and its Positive Impact on Adolescent Health; AARJMD (Asian Academic Research Journal of Multidisciplinary). Vol (1), Issue (19), Pages 302-312
- 2014, Reflective Learning and Teaching: A Review; Iranian Journal of Medical Education 2014: Vol 13 (11), Pages 989-998
- 2013, Evaluation of the relationship of head nurses' leadership style to nurses' job satisfaction working in medical-surgical wards of hospitals affiliated to Tonekabon Islamic Azad University, Iran; Journal of Ethics in Education, Vol (1), No (1), Pages 14-20
- 2012, A Comparative Study on Pain Severity Caused by Z-track and Air Lock Methods for Intramuscular Injection; Journal of Ardabil University of Medical Sciences. Vol (11), No(4), pages 309-315, Iran
- 2010, The Effectiveness of Conceptual Map Teaching Method on Short and Long Term Learning in Nursing Students; Strides in Development of Medical education (Scientific – Research Journal of Medical Education Development Center), Vol (7), No(2), Autumn and Winter, Iran
- 2007, Comparative Study Of Quality Of Life In Type 2 Diabetic Patients With Non Diabetic People; Journal of Babol University Medical Science, Vol (9), No (5), Dec. 2007 Jan. 2008, Iran
- 2003, A study on factors affecting sleep quality among patients gone through CABG in Rasht, Iran; Journal of Nursing and Midwifery Faculties in Guilan Province, Vol (13), No(46-47), Winter & Spring 2003, Iran

- 2-Books (or Books Sections)
- 2021: Current Approaches In Health Sciences, Ankara 2021, ISBN: 978-625-7254-76-2
- 2017, An Introduction on Knowledge and Science in Nursing, Jamee Negar Publications, Iran
- 2016, A guide for cancer therapists; Shelak Publications, ISBN: 978-600-257-107-6; Iran
- 2005, A guide to setting behavioral goals in educational systems; Guilan University of Medical Sciences Publications (Center for Study and Development of Medical Education), ISBN: 964-8684-56-1; Iran
- 3-**Translations**

2011, Medical Surgical Nursing, Clinical Management for positive outcomes (8th Edition), originally written by Black J. M. & Hawks J. H.; Translation of chapters 5 to 8 from English to Persian; ISBN: 978-600-101-116-0;

#### **Presentations:**

- 2020: 4th International Medicine and Health Sciences Researches Congress: 22-23 August 2020, Turkey
- 2020: Covid-19: from prevention to caring, 25th July, Sadig International Virtual University Webinar / Workshop
- 2020: 9th International conference in women's health: Shiraz, Iran
- 2019: Nutritional challenges in gastric cancer patients; National Conference on Health Promotion Strategies & Challenges with focus on cancer; mazandaran university of medical sciences, Sari, Mazandaran, Iran (poster)
- 2018: Investigating the Impact of implementing localized Truth telling Protocol on the Quality of Life of Cancer Patients; 17th Conress of Iranian Society of Meical Oncology and ematology and Annual Conference Of Oncology Nursing; Isfaan, Iranian (Oral Presentation)
- 2017: A survey on the Impact of Bad News Disclosure Using Truth Telling Protocol on the Level of Stress, Anxiety and Depression in Patient with Cancer; Second International Clinical Oncology Congress; Iranian Society of Clinical Oncology; Tehran, Iran, (Oral Presentation)
- 2015, Nurse: a missing link in breaking bad news; Congress on Chronic disease prevention, control and improvement in quality of life; Babol University of Medical Sciences, Ramsar, Iran (Oral Presentation)
- 2015, Breaking bad news in an effective manner: experiences of cancer patients, families, physicians and nurses; The 4<sup>th</sup> Annual Congress on Medical Ethics and 4<sup>th</sup> congress on Nursing Ethics; Tehran, Iran (Poster)
- 2015, The challenges in breaking bad news: experiences of cancer patients, families, physicians and nurses; The 4<sup>th</sup> Annual Congress on Medical Ethics and 4<sup>th</sup> congress on Nursing Ethics; Tehran (Poster Presentation)
- 2015, Necessity of giving bad news of cancer diagnosis to the patients based on a cultural approach; 14<sup>th</sup> Congress of Iranian Society of Medical Oncology and Hematology, Mashhad University of Medical Science, Iran (Oral Presentation)
- 2013, The Importance of Portfolio as an evaluation tool; 14th Iran Medical Education Conference, Iran University of Medical Science, Iran (Poster Presentation)
- 2013, Effective Clinical Education in Nursing; 14th Iran Medical Education Conference, Iran University of Medical Science, Iran (Poster Presentation)
- 2013, Mentorship and Preceptorship in Nursing; 14th Iran Medical Education Conference, Iran University of Medical Science, Iran (Poster Presentation)
- 2013, the Importance of Role-Modeling in Nursing Clinical Education; 14th Iran Medical Education Conference, University of Medical Science, Iran (Poster Presentation)
- 2013, Safe Care in High-Risk Infants; the 2<sup>nd</sup> Iranian Congress of Neonatal Health promotion, Mashhad University of Medical Science, Iran (Oral Presentation)
- 2013, Infant's Right in Receiving Care with Comfort; the 2<sup>nd</sup> Iranian Congress of Neonatal Health promotion, Mashhad University of Medical Science, Iran (Oral Presentation)
- 2009, A Comparative Study on Pain Severity Caused by Z-track and Air Lock Methods for Intramuscular Injection; The 9th Annual Scientific Meeting of Iranian Pain Society & The 1st International Meeting of Pain,

Iran

- Guilan University of Medical Sciences, Iran (Poster Presentation)
- 2008, Internal evaluation of Nursing College at Medical Department of Tonekabon Islamic Azad University; Regional Congress on Nursing Teaching: Challenges and Solutions, Islamic Azad University, Tonekabon, Iran (Oral Presentation)
- 2006, Quality of life in diabetes patients; Forum on Non-epidemic Diseases and Society Based Care, Guilan University of Medical Sciences, Iran (Poster Presentation)
- 2005, What is Edrophonium?; Regional Forum on Nursing Care and patient Education in Paraclinic, Islamic Azad University, Rasht, Iran (Oral Presentation)
- 2005, A study on factors affecting sleep quality among patients gone through CABG (I was invited to the Congress for oral presentation of the research but I could Not attend); 12th World Congress on Heart Disease (New Trends in Research Diagnosis & Treatment), International Academy of Cardiology, Canada
- 2004, A study on factors affecting sleep quality among patients gone through CABG; 6th National congress on Cardivascular updates, Mashhad University of Medical Sciences, Iran (Oral Presentation)
- 2004, A comparison on methods of IV catheter on incidence of phlebitis; Annual Congress of Iranian Surgeons Society, Tehran, Iran (Oral Presentation)
- 2004, On the necessity of curriculum re-evaluation of Nursing Courses in Iran; Congress on Ways for Improvement of Quality in Nursing and Midwifery Services, Yazd University of Medical Science, Iran (Poster Presentation)
- 2004, Aromatherapy and its benefits; National Forum on Traditional and Herbal Therapy, Islamic Azad University, Qom, Iran (Oral Presentation)
- 2004, Traditional treatments in Diabetes; *Regional Forum on Diabetes*, Islamic Azad University, Astara, Iran (Oral Presentation)

#### **Reviewer:**

- Supportive Care in Cancer (English)
- Iranian Journal of Nursing and Midwifery Research (IJNMR), (English)
- Journal of Education and Health Promotion, (English)
- Asian Pacific Journal of Cancer Prevention, (English)
- Journal of Holistic Nursing and Midwifery, (Persian)
- Research In Medical Education, (Persian)
- Iranian Journal of Cancer

## **Memberships:**

- 2014; Member of Executive Board; First International Nursing and Midwifery Congress, Isfahan University of Medical Sciences, Iran
- 2003 2018, Board Member of Nursing Society of Tonekabon Islamic Azad University
- 2008, Member of Scientific Committee; Regional Congress on Nursing Teaching: Challenges and solutions, Islamic Azad University, Tonekabon, Iran
- 2007, Member of Scientific Committee; 3<sup>rd</sup> National Congress on Education, Health and Life Quality: Role of Nurse and Midwife, Babol University of Medical Science and Ramsar Nursing College, Iran

#### **Administrative & Scientific Roles:**

- 2022: Scientific Secretary of Congress for Exploring Nursing Education in Iran, Feb. 2022
- 2020 2023: Head of Continuing Education Center of Iran University of Medical Sciences

#### Interests:

- Breaking bad news (Truth telling)
- Mixed Methods research
- Oncology Nursing
- Palliative care
- Cross-cultural studies

# Languages:

- Persian Mother tongue
- English Professional Working Proficiency