

CURRICULUM VITAE

PERSONAL

Name	Nasrin Mehrnoush
Gender	female
Date of birth (optional)	22/6/1978
Address, work	Rashid yasami St, Faculty of Nursing, Iran University of Medical Sciences, Tehran
Phone, work	43651000
Phone, home	43651180
E-mail address, official	88201978
E-mail address, personal	na.mehrnoush@gmail.com

EDUCATION AND QUALIFICATIONS

University and/ or further education	
B Sc M Sc PhD	Nursing, Iran University of Medical Sciences, 2000 Nursing, Iran University of Medical Sciences, 2010 Nursing Education, shahid beheshti University of Medical Sciences, 2017 Palliative care fellowship, 2023
Language qualifications	
	Farsi: Good English: Intermediate

PROFESSIONAL INTERESTS

	Neonatal nursing, Pediatric nursing, Nursing education, Palliative care
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PROFESSIONAL MEMBERSHIPS

	Member of Iranian Nursing Organization Member of Pediatric Nursing Association
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ACADEMIC APPOINTMENTS

	-Assistant Professor, Pediatric Nursing department, School of Nursing and Midwifery, Iran University of Medical Sciences, Tehran, Iran - Member of Nursing and Midwifery Care Research Center, Iran University of Medical Sciences, (NCRC) Nursing and Midwifery School, Tehran, Iran
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Other pedagogical merits

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RESEARCH EXPERIENCE

Dissertation/thesis

My thesis	- The Effect of Empowerment Program on Mother-Infant Interaction and Weight Gain in Preterm Infants. 2010 - Promotion of Neonatal Pain Management in Neonatal Intensive Care Unit: A participatory Action Research. 2017
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Supervised theses:	-Investigating the performance of special ward nurses in tube feeding and some factors affecting it in Ardabil city in 2016 -Investigating the impact of the family-centered empowerment model on the quality of life of COPD patients admitted to Imam Khomeini Hospital in Ardabil	
Research project	-Designing and implementing the process of evaluating the course plan of university faculty members in order to improve the quality of education - Explanation of spiritual care from the point of view of the therapeutic care team in the neonatal intensive care unit: Research project - The effect of non-nutritional sucking and foot massage on behavioral and physiological indicators of pain in term infants: Research project	

PUBLICATIONS

Articles published

- Leili Borimnejad, Nasrin Mehrnough, Naeime Seyed-Fatemi, Hamid Haghani. The Effect of Empowerment Program on Mother-Infant Interaction and Weight Gain in Preterm Infants. *Zahedan Journal of Research in Medical Sciences*, 14(9): 23-19
- Mehrdad Mirzarahimi, Nasrin Mehrnough , Sahife Shahizadeh , Nasrin Samadi , Firouz Amani. : Effect of non-nutritive sucking and leg massage on physiological and behavioral indicators of pain following heel blood sampling in term neonates. *International Journal of Advanced Nursing Studies*, 2 (2) (2013) 74-79
- Leili Borimnejad, Nasrin Mehrnoosh , Naima Syed Fatemi , Hamid Haghani. Impacts of creating opportunities for parent empowerment on maternal stress: A quasi-experimental study. *Iranian Journal of Nursing and Midwifery Research* May-June 2013 | Vol. 18 | Issue 3
- Nasrin Samadi , Irandokht Allahyari ,Effat Mazaheri , Masoumeh Rostamnejad, Nasrin Mehrnough ,Maryam Namadi,Rogaie Naseri , Mina Nahamin. Effect of foot reflexology on physiologic index of neonates, *Iranian Journal of Neonatology* 2013; 4(4):28-33
- Haydeh Heidari, Mansoureh Karimollahi, Nasrin Mehrnough. Evaluation of the perception of Iranian nurses towards spirituality in NICUs. *Iranian Journal of Neonatology* 2016; 7(2)
- Nasrin Mehrnough, Tahereh Ashktorab , Mohammad Heidarzadeh, Sirous Momenzadeh, Jafar Khalafi. Pain Management Perceptions of the Neonatal Nurses in NICUs and Neonatal Units in Ardebil, Iran. *Iranian Journal of Neonatology* 2016; 7(4)
- Nasrin Mehrnough , Tahereh Ashktorab , Mohammad Heidarzadeh , Sirous Momenzadeh. Knowledge and Attitude of Personnel, Key Factors in Implementation of Neonatal Pain Management in NICU: A Qualitative Study. *Journal of Clinical and Diagnostic Research*. 2017 Nov, Vol-11(11): SC05-SC09
- Nasrin Mehrnough, Tahereh Ashktorab, Mohammad Heidarzadeh, Sirous Momenzadeh, and Jafar Khalafi. Factors Influencing Neonatal Pain Management from the Perspectives of Nurses and Physicians

in a Neonatal Intensive Care Unit: A Qualitative Study. : Iran J Pediatr. 2018 February; 28(1):e10015.

- Nahid Dehghan Nayeri, Nasrin Samadi, Nasrin Mehrnoush , Irandokht Allahyari, Fatemeh Bezaatpour , Mansour NaseriAsl. Experiences of Nurses within A Nurse-led Multidisciplinary Approach in Providing Care for Patients with Diabetic Foot Ulcer. Journal of Family Medicine and Primary Care

- Nasrin Mehrnoush, Tahereh Ashktorab, Mohammad Heidarzadeh. Promotion of Neonatal Pain Management in Neonatal Intensive Care Unit: A participatory Action Research. Journal of Qualitative Research in Health Sciences 2021; 10(2):115-123

- Haydeh Heidari, Nasrin Mehrnoush, Mansoureh Karimollahi. Provision of Spiritual Care in the Neonatal Intensive Care Unit in Iran from Healthcare Providers' Perspective: A Qualitative Study. Iranian Journal of Neonatology 2022; 13(2)

- Zahra Heydari, Nasrin Mehrnoush ,Masoumeh Aghamohammadi, Saeed Hosseininia. Investigating the Effect of a Family-Centered Empowerment Model on Quality of Life in Patients with Chronic Obstructive Pulmonary Disease. International Journal of Early Childhood Special Education (INT-JECSE) DOI:10.9756/INTJECSE/V14I5.936 ISSN: 1308-5581 Vol 14, Issue 05 2022

- Omid, A., Firoozi, M., Khabazkhoob, M., (...), Mehrnoosh, N., Rassouli, M. Effectiveness of Overshadowing by Flavored Candies in Management of Chemotherapy-Induced Nausea and Vomiting in Children with Leukemia: A Randomized Trial. Journal of Comprehensive Pediatrics, 14(2),e132106

- Farahani, A.S., Kerdar, S.H., Ashrafizadeh, H., (...), Mojen, L.K., Rassouli, M. The predictors of spiritual dryness among Iranian cancer patients during the COVID-19 pandemic. Frontiers in Psychology, 13,1024009

- Shirinabadi Farahani, A., Ashrafizadeh, H., Khoubbin Khoshnazar, T.A.S., (...), Koohi Rostamkalae, Z.,...Barriers to Applying Integrative Oncology from the Perspective of the Care Providers in Iran: A Mixed-Methods Study.Seminars in Oncology Nursing, 39(4),151444

Books (compilation, translation, edition)

Translation of the book Basics of Nursing

National guidelines for developmental care of newborns in hospital

PROFESSIONAL CONFERENCES/ SEMINARS/ PRESENTATIONS

Oral presentation

Mehrnoosh Nasrin, Mirza Rahimi Mehrdad, Shahizadeh Sahifeh, Samadi Nasrin, Amani Firoz (2012) The effect of non-nutritional sucking and foot massage on behavioral and physiological indicators of pain in term infants. In: Proceeding of the 11th National Congress of Pediatric Nursing, Oct 10-14, 2013, Children's medical center, Pediatrics center of excellence Tehran, Iran.

Mehrnoosh Nasrin, Borim Nejad Lili, Seyed Fatemi Naimeh, Haqani Hamid (2013) Investigating the effect of the empowerment program on the interaction between mother and premature neonate hospitalized in the neonatal intensive care unit. In: National Congress for the Promotion of Baby Health, 18-20 February 2018, Mashhad.

	<p>Borimnejad Lili, Mehrnoosh Nasrin, Seyed Fatemi Naimeh, Haqani Hamid (2013) Investigating the impact of the empowerment program on the stress of mothers of premature babies hospitalized in the neonatal intensive care unit. In: 9th National Children's Nursing Conference, 2019, Children's Medical Center - Tehran University of Medical Sciences.</p> <p>Mehrnoosh Nasrin, Borim Nejad Lili, Seyed Fatemi Naimeh, Haqani Hamid (2009) Stress factors of mothers of premature babies hospitalized in neonatal intensive care units. In: 8th national pediatric nursing conference, 18-22 October 2019, Tehran.</p>
Poster presentation	
	<p>Samadi Nasrin, Warai Shekweh, Ghiathvandian Shahrazad, Mehrnoosh Nasrin (2017) Teaching in small groups: a virtual approach to improve students' learning. In: National Conference on Responsive Medical Education, 24-26 August 2017, Tabriz - Iran.</p> <p>Samadi Nasrin, Vakili Jafar, Mohammad Gharibani Majid, Allahiari Irandokht, Mehrnoosh Nasrin (2013) The effect of self-care behaviors on diet compliance in type 2 diabetes patients. In: Third congress of patient education and self-care, 2013, Tehran, Razi International Conference Center.</p> <p>Samadi Nasrin, Samadi Mikael, Nemati Ali, Mehrnoosh Nasrin, Allahiari Irandokht (2013) Examining the pattern of snack consumption and factors affecting it among elementary school students in Ardabil city. In: The first national meeting between meals, 2013, Mashhad</p> <p>Samadi Nasrin, Mehrnoosh Nasrin, Allahiari Irandokht (2012) Investigating the effect of massage therapy on HR and SaO2 of newborns. In: 11th National Congress of Pediatric Nursing, 10-14 October 2013, Children's Medical Center, Tehran.</p> <p>Samadi Nasrin, Allahiari Irandokht, Mehrnoosh Nasrin, Voshoghi Nazila (2012) Investigation of the relationship between pain intensity and physiological indicators of newborns. In: Fifth Iranian Perinatology Congress, April 22-25, 2013, Shiraz University of Medical Sciences.</p> <p>Samadi Nasrin, Sahrai Soghra, Allahiari Irandokht, Mehrnoosh Nasrin, Mostali Ziba Mehran, Parsi Saeed (2019) Investigating the relationship between obesity and self-esteem in type 2 diabetes patients. In: The third student congress of Ardabil University of Medical Sciences with a focus on biomedicine, 11 March 2018, Ardabil - University of Medical Sciences</p>

Samadi Nasrin, Mesrat Elham, Mehrnoosh Nasrin (2019) Determination of the effect of foot massage on pain reduction of infants hospitalized in NICU. In: The National Congress of Infant Health Promotion, 18 Bahman 1990, Mashhad.

Dargahi Roughieh, Mehrnoosh Nasreen, Nowrozi Hossein (2013) The need of medical students to learn the patient safety training program. In: The first national conference on safety in the health system focusing on patient safety, 4-6 November 2018, Urmia University of Medical Sciences and Health Services.

Mehrnoosh Nasrin, Nowrozi Hossein (1390) Working hours of nurses and patient safety. In: The first national conference on safety in the health system focusing on patient safety, 4-6 November 2019, Urmia University of Medical Sciences and Health Services.

Mehrnoosh Nasrin, Samadi Nasrin (2009) The role of the nurse in providing family-oriented care. In: 3rd National Conference on Neonatal Health and Perinatology of Iran, July 9-11, 2019, Zanjan, Rozbeh International Conference Center.

Masrat Elham, Samadi Nasrin, Mehrnoosh Nasrin, Zali Mohammad Reza (2009) Nursing informatics: a new approach in improving the pattern of care in cancer. In: 5th International Asian Pacific Organization for Cancer Prevention (APOCP) Conference, April 3-7, 2010, Istanbul Lutfi Kirdar Convention and Exhibition Center (ICEC) Istanbul, Turkey.

Mehrnoosh Nasrin, Samadi Nasrin (2008) Challenges of promoting electronic education as a new educational method. In: Third Congress of Education in Nursing and Midwifery (Approaches and Challenges), 13-15 February 2018, Tehran, Iran University of Medical Sciences,

Mehrnoosh Nasrin, Shahizadeh Sahifeh, Samadi Nasrin, Jahanshahi Cambyz (2008) Studying the prevalence of low birth weight babies and demographic characteristics of mothers in deliveries performed at Alavi Hospital in Ardabil in 2007. In: Iran National Neonatal Health Congress (Family Centered Care) and Neonatal Nursing Conference, 14-16 August 2018, Tabriz University of Medical Sciences.

Samadi Nasrin, Mehrnoosh Nasrin (1387) Investigating the causes of poisoning and demographic characteristics of patients hospitalized in the poisoning department of Imam (RA) ardabil Hospital in 1384-86. In: 10th Research Congress of Medical Sciences Students of Iran, 2017, Tehran.

	Mehrnoosh Nasrin, Samadi Nasrin, Masrat Elham (2007) Non-pharmacological methods of reducing pain in babies. In: 6th Congress of Nursing and Midwifery Care, Recent Achievements, 11/12/87, Tehran.
<u>GRANT SUPPORT</u>	
<u>HONORS AND AWARDS</u>	
	Top teacher at Ardabil University of Medical Sciences in 2019 Excellent rank of Bachelor Degree in Nursing, Faculty of Nursing and Midwifery, Iran University of Medical Sciences