

CURRICULUM VITAE

PERSONAL

Name	Zahra Kashaninia
Gender	Female
Date of birth (optional)	
Place of birth (optional)	Tehran, Iran
Family status (optional)	Single
Address, work	Rashid Yasemi St., Vali-Asr Ave., Postal Code (19964), PO Box 19395/4798
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EDUCATION AND QUALIFICATIONS

University and/ or further education

- MSc in Nursing Education (Pediatric), Iran University of Medical Sciences, 1992.
- BS in Nursing, Iran University of Medical Sciences, 1985.
- Training program in Geriatric Psychiatry, USWR, 2000.

Language qualifications

- Persian (mother tongue)
- English

PROFESSIONAL INTERESTS

- Pediatric Nursing
- Rehabilitation Nursing
- Geriatric Nursing
- Applied Ethics

PROFESSIONAL MEMBERSHIPS

- Iranian Nursing Association
- Member of the Ethics committee, School of Nursing and Midwifery, Iran University of Medical Sciences

ACADEMIC APPOINTMENTS

- Lecturer/ Nurse instructor, 1985-1987- School of Nursing and Midwifery -Shahid Behshti Medical Sciences
- Clinical nurse educator, 1985- now
- Staff nurse, Supervisor, Matron 1987-1992- Mardom Hospital
- Faculty member– Nursing Department, University of Social Wellfair& Rehabilitation Sciences,1992-2014.
- Faculty member– School of Nursing and Midwifery- Iran University of Medical Sciences, 2014-now

- Other pedagogical merits

- Nursing board member (1996-2001)
- The director of the university's nursing department(USWR)1998-2001
- Director of the university's continuing education center(USWR)2001
- Director of University Education(USWR)2007-2009

RESEARCH EXPERIENCE	
Dissertation/thesis	
Directing more than 60 finalized and ongoing dissertations and theses as supervisor/ co-supervisor	
PUBLICATIONS	
Articles published	
<ol style="list-style-type: none"> 1. kashaninia Z, Najafi Tahereh, Haghani Hamid, Faramarzian Sara. Effect of Tracheostomy Patient Care Training on the Performance of Nurses in Intensive Care Unit, Iran Journal of Nursing. Vol 36, No 143, 2023. 2. Z Erfani, N Hajinasab, Z Kashannia. The relationship between moral sensitivity and anxiety sensitivity in nursing students of Tehran University of Medical Sciences. Health, Spirituality and Medical Ethics .9 (4), 0-0 , 2022. 3. Z Kashaninia, G Sharifi, N Seyedfatemi, S Haqqani. Interpersonal Cognitive Distortions Among the Community-dwelling Elderly in Tehran, Iran, Iran Journal of Nursing. 35 (139), 490-503, 2022. 4. OL Jafarbegloo, Z Kashaninia, N Seyedfatemi, H Haghani. Comfort status of the hospitalized patients with mental disorders in the psychiatric wards of Lavasani social security hospital in Tehran in 2020. Hayat .28 (2), 199-215, 2022. 5. Z Kashaninia, F Mohaddess, MH Jokar, SH Haghani, A Baratzadeh. Effect of Self-care Education on the Functional Status of Patients with Rheumatoid Arthritis. Iran Journal of Nursing .34 (131), 70-81, 2021. 6. Z Kashaninia, H Haghani. The Relationship between social health and general self-efficacy in the elderly of jiroft in 2018. Journal of Jiroft University of Medical Sciences .7 (4), 532-542, 2021. 7. SR Latifi Shahandashti, Z Kashaninia, A khachian, H Haghani. Effects of the Teach-back Method of Self-care Education on the Pain Intensity and Sleep Quality of Rheumatoid Arthritis Patients. Iran Journal of Nursing. 34 (129), 15-26, 2021. 8. M Hashemipour, M Farahaninia, Z Kashaninia, H Haghani. Relationship between social capital and health-promoting lifestyle in nursing students. Journal of Client-Centered Nursing Care. 6 (4), 223-230, 2020. 	

9. S Hannani, N Kamali, Z Kashaninia, AF Hosseini, A Ebrahimi, BG Veisi,. Awareness level of operating room nurses of their professional tasks. *Advances in Nursing & Midwifery*. 29 (1), 30-35, 2020.
10. S Ghasemi, Z Kashaninia. The effect of self-management teaching on perceived stress in hospitalized elderly patients undergoing dialysis. *Journal of Urmia nursing and midwifery faculty* .17 (8121), 616-624, 2019.
11. S Hanani, M Sadeqi, Z Kashaninia, Hosseini, A fatemeh. Knowledge evaluation of surgical technologists about professional law and standards in the academic-medical hospitals of Iran university of medical sciences in 2016-17. *Pharmacophore*. 9 (5), Pages: 68-72, 2018.
12. Z Kashaninia, Z Payroovee, R Soltani, SA Mahdaviani. Effect of family empowerment on asthma control in school-age children, *Tanaffos*. 17 (1), 47, 2018.
13. S Hanani, M Sadeghi, Z Kashaninia, AF Hosseini. Knowledge Evaluation of Surgical Technologists about Laws and Standards of Patients Rights in the Academic-Medicinal Hospitals of Iran University of Medical Sciences in 2016-2017. *Paramedical Sciences and Military Health* .12 (3), 47-54, 2017.
14. C Maedeh, Z Kashaninia*, H Haghani. The Relationship Between Spiritual Health and General Self-Efficacy in the Iranian Elderly. *Client-Centered Nursing Care* .3 (2), 125-131, 2017.
15. F Sanaati, S Najafi, Z Kashaninia, M Sadeghi. Effect of ginger and chamomile on nausea and vomiting caused by chemotherapy in Iranian women with breast cancer. *Asian Pac J Cancer Prev* .17 (8), 4125-9, 2016.
16. M Khosrozadeh, MA Hosseini, Z Kashaninia, N Sedghi Goyaghaj. The correlation between organizational justice and job satisfaction among nurses. *Journal of Health Promotion Management*. 5 (2), 10-19, 2016.
17. F Zinati, Z Khashaninia, A Rahgoi, P Rezasoltani, F Babamahmodi. The effect of partnership caring model on quality of life of adolescents with major thalassemia. *Iranian Nursing Scientific Association* 2 (2), 57-67, 2016.
18. FZ , Zahra Kashaninia , Abolfazl Rahgoi , Poria Rezasoltani. The effect of partnership caring model on depression of adolescents with Major thalassemia. *Journal of Prevention and Health* 1 (1), 69-82, 2016.

19. S Pourverdi, F Mohammadi Shahboulaghi, Z Kashaninia, P Rezasoltani. Effects of self-management program on glycemic control in patients with type 2 diabetes and glycosylated hemoglobin. *Journal of Holistic Nursing and Midwifery* 25 (4), 19-28, 2015.
20. Z Kashaninia, H Zamanian Jahromi, K Norouzi Tabrizi, E Bakhshi. The effect of Swedish massage on relieving fatigue of children with acute Lymphoblastic Leukemia undergoing chemotherapy. *Journal of client centered nursing care* 1 (4), 205-210, 2015.
21. M Azam Hajhashemkhani, A Dalvandi, Z Kashaninia, M Javadi, ... The relationship between family health promoting lifestyle and sleep habits in children 6 to 11 years old. *Journal of Mazandaran University of Medical Sciences* 25 (127), 92-99, 2015.
22. Z Kashaninia, F Yusliani *, MA Hosseini, R Soltani, Pouria. The Effect of Teaching Critical Thinking Skills on the Decision Making Style of Nursing Managers. *Journal of Client-centered Nursing Care (JCCNC)* 1 (4), 197-204, 2015.
23. Maryam Dehghan, Zahra Kashaninia , Firoozeh Sajedi. Effect of Kangaroo Mother Care on the Self-esteem of Mothers of Preterm Infants Hospitalized in the Neonatal Intensive Care Unit. *Client-Centered Nursing Care* 1 (4), 177-182, 2015.
24. Z Kashaninia, M Dehghan. The Effect of Kangaroo Care on Weight Gain of Premature Neonates in Hospitalized in Neonatal Intensive Care Units, *Biosciences Biotechnology Research Asia*. VOLUME 12, NUMBER 2, 2015.
25. Z Kashaninia, M Dehghan, F Sajedi, P Rezasoltani. The assessment effect of kangaroo care on maternal stress of premature infants hospitalized in neonatal intensive care units, *Hayat* 20 (3), 74-84, 2014.
26. MA Hosseini, A Khodashenas, Z Kashaninia. The effect of exercise and diet regimen on body mass index of obese teen girls in schools of Karaj city, Iran. *Iranian Journal of Nursing Research (IJNR)* 9 (1), 1-7, 2014.
27. SH Fateme Sanaati, Safa Najafi, Zahra Kashaninia, Mohsen Naseri. Ginger effects on control of chemotherapy induced nausea and vomiting. *Iranian Journal of Breast Diseases* 1 (1), 7-14, 2014.
28. Z Payroovee, Z Kashaninia, SA Mahdaviani, P Rezasoltani. Effect of family empowerment on the quality of life of school-aged children with asthma. *Tanaffos* 13 (1), 35, 2014.

29. M Rasuli, M Hoseini, Z Kashaninia. Designing and psychometric analysis of the teaching evaluation scale. *Journal of Nursing Education* 2 (2), 21-29, 2013.
30. N Alavi Arjmand, Z Kashaninia, MA Hosseini, P Rezasoltani. Effect of stress management on job stress and work-family conflict among nurses. *Hayat* 18 (4), 81-91, 2013.
31. F Asadi Noghabi, Z Kashaninia, F Sajedi, M Rahgozar, H Yousefi. The effect of skin-to-skin contact on the pain intensity of intramuscular injection in newborns. *Ofogh-E-Danesh* 16 (450), 5-11, 2011.
32. Z Kashaninia, A Abedinipoor, S Hosainzadeh, F Sajedi. The effect of swedish massage on glycohemoglobin in children with diabetes mellitus. *Iranian Rehabilitation Journal* 11 (14), 16-20, 2011.
33. F Sajedi, Z Kashaninia, S Hoseinzadeh, A Abedinipoor. How effective is Swedish massage on blood glucose level in children with diabetes mellitus? . *Acta Medica Iranica*, 592-597, 2011.
34. A Zareapour, M Falahi Khoshknab, Z Kashaninia, A Biglarian, ... Effect of group play therapy on depression in children with cancer. *Scientific Journal of Kurdistan University of Medical Sciences* 14 (3), 64-72, 2009.
35. T Sadeghi, MA Hosseini, M Rahgozar, Z Kashaninia. Effect of stimulated exposure and behavior on obesity in school-age girls. *Journal of Hormozgan University of Medical Sciences* 13 (2), 123-128, 2009.
36. R Gashmard, Z Kashaninia, F Sajedi, M Rahgozar. The Impact of The Mothers' nutritional Education on 12-30 Months Toddlers Food Pattern. *Armaghan Danesh* 14 (153), 79-89, 2009.
37. Z Kashaninia, F Sajedi, M Rahgozar, F Asadi Noghabi. The effect of kangaroo care on behavioral responses to pain of an intramuscular injection in neonates. *Journal for Specialists in Pediatric Nursing* 13 (4), 275-280, 2008.
38. T Sadeghi, MA Hosseini, M Rahgozar, Z Kashaninia. The Effects of Child and Parent Eating Style on Obesity of School. *Iran Journal of Nursing* 21 (53), 75-83, 2008.
39. N Nejat, Z Kashaninia, R Memarian. Healthy behaviors of female teenagers living in orphanage centers and living with their families. *Hayat* 14 (1), 49-59, 2008.
40. Z Kashaninia, F Sajedi, A Khoramirad, A Dadkhah. The effect of discharge planning on physical status of Iranian mothers in postpartum period. *Middle east Journal of Nursing* 1 (1),

10-13, 2007.

41. B Shahabi, Roonak Kashaninia Z. Effect of problem solving skill training on social anxiety in unsupervised adolescents living in boarding houses of Kurdistan welfare office. Scientific Journal of Kurdistan University of Medical Sciences 12 (143), 18-25, 2007.

42. M Farmahini Faraahani, Z Kashaninia, MA Hosseini, A Biglarian. impact of training communication skills to nurses on patients'satisfaction with nurse-patient relationship. Iranian Journal of Nursing Research 1 (3), 47-54 35, 2007.

43. F Sajedi, Z Kashaninia, M Rahgozar, F Asadi Noghabi. The effect of Kangaroo care on physiologic responses to pain of an intramuscular injection in neonates. Iranian Journal of Pediatrics 17 (4), 339-344, 2007.

44. P Aziznejad, Z Kashaninia. Effect of self-care training on applying coping strategies of adolescents. Hormozgan Medical Journal 10 (3), 256-272, 2006.

45. F Sajedi, Z Kashaninia, A Khoramirad. Effect of discharge plaining on physical status of neonates. Acta Medica Iranica, 409-414, 2006.

46. F Sajedi, Z Kashaninia, MRL Radrazm. The efficacy of oral glucose for relieving pain following intramuscular injection in term neonates. Acta Medica Iranica, 316-322, 2006.

47. M Salari, Z Kashaninia, A Davachi, M Zoladl, GH BABAIE. Effect of education on coping strategies of mothers who have educable mentally retarded children. ARMAGHAN DANESH 6 (23), 1-9, 2001.

48. Z Kashaninia, M Mirian. New Approach to Recent ten Years Researches of Children Nursing. Teb Va Tazkieh, 19-25, 2000.

49. Z Kashaninia, S M Kermanshahi, S Talakoob. Investigating the effect of education on the level of knowledge of mothers of children with cerebral palsy about how to care for them. Daneshvar, 1998.

Books (compilation, translation, edition)

-Home accidents of children and ways to prevent them - USWR 1996

-Children's health care at home – USWR1998.

• Prevention of obesity in children and behavioral reforms –Iran Tehran. Mahtab Publications 1999.

• Standard methods of preparation of chemotherapy drugs USWR 2000.

PROFESSIONAL CONFERENSES/ SEMINARS/ PRESENTATIONS

Oral presentation

88 cases of scientific lectures in Iranian seminars

Poster presentation

7 cases of presenting posters in Iranian seminars
<u>GRANT SUPPORT</u>
<u>HONORS AND AWARDS</u>
<ul style="list-style-type: none">• Model country lady 2014.• Sample researcher introduced in the research week of 2014 and 2017.• An exemplary nurse on the occasion of the birth of Hazrat Zainab Kobra, and Nurse's Day. November 2023.