

## CURRICULUM VITAE

### **PERSONAL**

Name	Tahereh alsadat khoubbin khoshnazar
Gender	Female
Date of birth (optional)	1985
Place of birth (optional)	Rasht, Iran
Family status (optional)	Married
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### **EDUCATION AND QUALIFICATIONS**

	<b>University and/ or further education</b>	
– PhD	- Shahid Beheshti University of Medical Sciences, 2017	
– MSc	Master of Science in Nursing (Medical Surgical),	
	- University of Social Welfare and Rehabilitation	
	Sciences (USWR), 2010	
– BSc	- Guilan University of Medical Sciences, 2007	
	<b>Language qualifications</b>	
MHLE		

### **PROFESSIONAL INTERESTS**

– Clinical Education	– Oncology nursing
	– Palliative care
	– Chronic diseases

### **PROFESSIONAL MEMBERSHIPS**

	Member of the nursing system organization	
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### **ACADEMIC APPOINTMENTS**

	Assistant professor	
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### **Other pedagogical merits**

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### **RESEARCH EXPERIENCE**

	<b>Dissertation/thesis</b>	
	1. 2. Investigating the Relationship of Perceived Social Support and Coping Strategy with Quality of Life of Women with Breast Cancer Related	

	<p>Lymphedema Referring to Selected Lymphtherapy Centers in Tehran 2024.</p> <ol style="list-style-type: none"> <li>3. The effectiveness of smartphone software based self-management education on the quality of life people with Parkinson’s disease.</li> <li>4. Assessment of stoma quality of Life in Patients with colon cancer</li> <li>5. in three select hospitals Baghdad, Iraq, 2023</li> <li>6. Psychometric and localization of the patient evaluation and discharge checklist in the post-anesthesia care unit(SAMPE checklist)</li> <li>7. The relationship between self-compassion and the functioning of the family of patients with chronic Mental disorders hospitalized in the psychiatric center of Iran in 2023.</li> <li>8. Assessing care burden and demoralization among family caregivers of hemodialysis patients in Selected educational- medical center of Mazandaran University of Medical Sciences in 2023.</li> <li>9. The effect of education based on Roy’s adaptation model on adherence to medications and self-efficacy of patients with type 2 diabetes,2023</li> <li>10. Investigation of medication adherence quality of life in out - patients with diabetes Mellitus type2 in Al Hilla Diabetes centers 2023.</li> </ol>	
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**PUBLICATIONS**

**Articles published**

1. Relationship between Care Burden and Health Anxiety in the Family Caregivers of the Older Adults with Alzheimer’s Disease. Ageing International. 2023:1-13.
2. A qualitative study of Covid-19 effects on nutrition associated problems in recovered patients. BMC nutrition. 2023;9(1):29.
3. The Viewpoints of Hospitalized Patients with Cancer Regarding Their Nutritional Challenges in Hospital: A Phenomenological Study. Journal of Nutrition and Food Security. 2022;7(4):424-36. eng.
4. The Psychometry and Localization of the Patient Assessment and Discharge Checklist in the Post-Anesthesia Care Unit (SAMPE Checklist). JPMed 2023; 12 (1).  
URL: <http://jpmed.ir/article-1-1132-fa.html>
5. A study of the individual preparedness of emergency department nurses in disasters, Journal of Multidisciplinary Care (JMDC), 2022;11(3):x-x

6. The Effect of Implementing a Rehabilitation Nursing Program on Hand Burn Patients' Daily Functioning: A Randomized Clinical Trial. 2022;9(4):e123847. Epub 2022-11-01. en
7. The Viewpoints of Hospitalized Patients with Cancer Regarding Their Nutritional Challenges in Hospital: A Phenomenological Study. JNFS 2022; 7 (4) :424-436  
URL: <http://jnfs.ssu.ac.ir/article-1-511-en.html>
8. Unmet needs of the Iranian mothers of the children with cancer and the identification of the related factors: A descriptive-correlational study. *Frontiers in psychology*. 2022;13:964424.
9. Clinical Education of Nursing Students of Iran University of Medical Sciences during the Pandemic Covid 19: Presenting Experience, *EC Nursing and healthcare*. 4(7), 2022.134-132.
10. Consequences of pre-hospital delay in patients with acute myocardial infarction: A literature review. *Cardiovascular Nursing Journal*.2020;9(1).202-207.URL: <http://journal.icns.org.ir/article-1-704-en.html>
11. Factors Related to Nurses and Physicians' Knowledge and Attitudes Towards Palliative Care." 2022; 15(2): e122653. <https://brieflands.com/articles/ijcm-122653.html>
12. The effects of preoperative nursing visit on anxiety and hemodynamic parameters among the candidates for general surgeries. *Journal of Multidisciplinary Care* 2022; 10(2):56-60. En <https://w.magiran.com/p2393278>
13. Perspectives of Afghan refugee mothers on the experience of caring for a child with cancer: a qualitative analysis, Eastern Mediterranean World Health Organization. Regional Office for the Eastern Mediterranean Health Journal.2020; 26 (6) , 626 - 756.
14. Consequences of pre-hospital delay in patients with acute myocardial infarction: A literature review. *Iranian Journal of Cardiovascular Nursing*. 2020; 9(1):202-
15. The Perspective of Cancer Patients on the Use of Complementary Medicine. *International Journal of Cancer Management*. 2019; 12(2).
16. Structural Challenges of Providing Palliative Care for Patients with Breast Cancer. *Indian J Palliat Care*. 2016 Oct-Dec; 22(4):459-466.
17. Communication Needs of Patients with Breast Cancer: A Qualitative Study. *Indian J Palliat Care*. 2016 Oct-Dec; 22(4):402-409.

<p>18. Reaching out for the Truth; A Need Universal to Every Woman with Cancer: A Qualitative Content Analysis. Basic &amp; Clinical Cancer Research. 2016; 8(3):23-31.</p> <p>19. Determinants of survival of common childhood cancers in Iran. J Res Med Sci. 2018 Nov 28; 23:101. doi: 10.4103/jrms.JRMS_835_17.</p> <p>20. A review on prescribing in nursing. IJNR. 2016; 10 (4) :67-75 URL: <a href="http://ijnr.ir/article-1-1629-fa.html">http://ijnr.ir/article-1-1629-fa.html</a></p> <p>21. Relevance SelfEfficacy with anxiety aND Depression among Patients receiving hemodialyis referred to Hemodialysis Unit at educational-therapetic center in Rasht. J Urmia Nurs Midwifery Fac. 2014; 12 (9) :807-814.URL: <a href="http://unmf.umsu.ac.ir/article-1-1628-fa.html">http://unmf.umsu.ac.ir/article-1-1628-fa.html</a></p> <p>22. Comparison of efficiency management training using lecturing and small group teaching on learning rate of Nursing and Midwifery student's. Journal of Holistic Nursing and Midwifery.2015; 25(75): 26-34.</p> <p>23. The effect of home based rehabilitation on volume edema, activity daily in breast cancer survivors. ijbd. 2010; 3 (3 and 4):34-42.</p> <p>24. The Effect of Rehabilitation Program on Lymphedema- related Arm Pain, and Volume after Mastectomy. Iran Journal of Nursing (IJN) Vol.24, No. 70, June 2011:72-81.</p>	
	<p><b>Books (compilation, translation, edition)</b></p> <p>-An Introduction to Diseases of the Breast, Tehran, Academic Center for Education, Culture &amp; Research (ACECR) Publication.2014.</p> <p>- Caring for a cancer patient at home, a guide for patients and families, Tehran,</p>
<b><u>PROFESSIONAL CONFERENSES/ SEMINARS/ PRESENTATIONS</u></b>	
	<b>Oral presentation</b>
	<ol style="list-style-type: none"> <li>1. The fourth nursing and midwifery education review congress: virtual education teahouse, 2022</li> <li>2. Webinar on the rules and regulations of publishing books in March 2022</li> <li>3. Reporting webinar in nursing, Haft Tir Hospital, 2022</li> <li>4. Holding a skill and professional training course for special care nursing (level 1)</li> <li>5. patient education process in 2021</li> <li>6. Homovigilance webinar. 2022</li> </ol>

	<b>Poster presentation</b>
<b><u>GRANT SUPPORT</u></b>	
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<b><u>HONORS AND AWARDS</u></b>	
	<ul style="list-style-type: none"><li>-The best instructor in clinical education of nursing students in 2013.</li><li>-1st place in nursing master course, from the University of Welfare and Rehabilitation Sciences 2019.</li><li>-Member of the Brilliant Talent Unit of University of Welfare and Rehabilitation Sciences 2016.</li></ul>