



**Iran University of Medical Sciences and Health Services**  
**School of Nursing and Midwifery**

<b>PERSONAL</b>	
<b>Name</b>	Lida Hosseini
<b>Gender</b>	Female
<b>Date of birth</b>	19/2/1991
<b>Place of birth</b>	Malayer, Iran
<b>Family status</b>	Married
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<b>PROFESSIONAL</b>	
<b>Education</b>	<ul style="list-style-type: none"> <li>▪ Ph.D., Nursing, Iran University of Medical Sciences, April 2022.</li> <li>▪ MSc in Geriatric nursing, Tehran University of Medical Sciences, September 2018.</li> <li>▪ BS in Nursing, Tehran University of Medical Sciences, September 2015.</li> </ul>
	<ul style="list-style-type: none"> <li>▪ Farsi            Native Language</li> <li>▪ English        Intermediate</li> </ul>
<b>Work history</b>	<ul style="list-style-type: none"> <li>▪ Nurse of CCU, Bazarganan Hospital, 2015-2017</li> <li>▪ Nurse of NICU, Lolagar Hospital, 2017-2018</li> <li>▪ Researcher, sport medicine research center of Tehran university of medical science, 2018-2019</li> <li>▪ Educational supervisor, Bazarganan Hospital, 2021-2023</li> <li>▪ Quality improvement Expert, Bazarganan Hospital, 2021-2023</li> <li>▪ Patient safety Expert, Bazarganan Hospital, 2021-2023</li> </ul>
<b>Academic rank</b>	Assistant Professor
<b>Interests</b>	<ul style="list-style-type: none"> <li>▪ Geriatric Nursing</li> <li>▪ Cognitive disorders in the older adults</li> <li>▪ Healthy lifestyle</li> </ul>





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	<ul style="list-style-type: none"> <li>▪ Instrumentation in health sciences</li> <li>▪ Quantitative and qualitative research</li> </ul>
<b>Membership</b>	<ul style="list-style-type: none"> <li>▪ Iranian Nursing Organization</li> </ul>
<b>Research experience</b>	
<b>Dissertation/thesis</b>	<ul style="list-style-type: none"> <li>▪ Development and Psychometric Evaluation of family caregivers Hardiness scale (FCHS) in caring of patients with Alzheimer disease. Ph.D. Thesis</li> <li>▪ Investigating the effect of "Tai Chi Chuan" exercise on balance and fear of falling in the elderly living in Tehran . Master Dissertation</li> </ul>
<b>Articles published</b>	<ol style="list-style-type: none"> <li>1. Hosseini, L., Shariat, A., Ghaffari, M.S., Honarpishe, R. and Cleland, J.A., 2018. The effect of exercise therapy, dry needling, and nonfunctional electrical stimulation on radicular pain: a case report. <i>Journal of exercise rehabilitation</i>, 14(5), p.864.</li> <li>2. Hosseini, L., Kargozar, E., Sharifi, F., Negarandeh, R., Memari, A.H. and Navab, E., 2018. Tai Chi Chuan can improve balance and reduce fear of falling in community dwelling older adults: a randomized control trial. <i>Journal of exercise rehabilitation</i>, 14(6), p.1024.</li> <li>3. Shariat, A., Hosseini, L., Najafabadi, M.G., Cleland, J.A., Shaw, B.S. and Shaw, I., 2018. Functional Electrical Stimulation and Repetitive Transcranial Magnetic Stimulation for Neurorehabilitation in Patients Post Stroke: A Short Communication. <i>Asian Journal of Sports Medicine</i>, 9(4).</li> <li>4. Ghayour-Najafabadi, M., Memari, A.H., Hosseini, L., Shariat, A. and Cleland, J.A., 2019. Repetitive transcranial magnetic stimulation for the treatment of lower limb dysfunction in patients poststroke: a systematic review with meta-analysis. <i>Journal of Stroke and Cerebrovascular Diseases</i>, 28(12), p.104412.</li> <li>5. Hosseini, L., NAJAFABADI, M.G., Memari, A. and Kordi, R., 2019. Managing Chronic Low Back Pain with Modified Package of Exercise Therapy Enriched by Psychological Interventions in Computer Based Workers: A New Approach in Developing Countries. <i>Iranian journal of public health</i>, 48(5), p.983.</li> <li>6. Halabchi, F., Hosseini, L., Zebardast, J. and Seif-Barghi, T., 2018. Popularization of Science in Exercise, Nutrition and Lifestyle: A Successful Example of Science Communication in Iran. <i>Asian Journal of Sports Medicine</i>, 9(3).</li> <li>7. Hosseini, L., Hajibabae, F., Navab, E., ajalli, A., fallahi Khoshknab, M., hosseini, M.A., Mhammadi, E., sirati nir, M.,</li> </ol>



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	Bahrampouri, S., Pakniyat, A. and Qaribi, M., Stigma towards patients with mental disorders.
	8. Hosseini, L., Froelicher, E.S., Sharif Nia, H. and Ashghali Farahani, M., 2021. Psychometrics of Persian version of the 11 items De Jong Gierveld loneliness scale among an Iranian older adult's population. <i>BMC public health</i> , 21(1), pp.1-11
	9. Sharif Nia, H., She, L., Rasiyah, R., Fomani, F.K., Kaveh, O., Sharif, S.P. and Hosseini, L., 2021. Psychometrics of Persian Version of the Ageism Survey Among an Iranian Older Adult Population During COVID-19 Pandemic. <i>Frontiers in public health</i> , 9.
	10. Hosseini, L. and Farahani, M.A., 2021. Is a Modified Package of Exercise Training Useful on Low Back Pain in Nursing? <i>Iranian Journal of Public Health</i> , 50(5), p.1082.
	11. Sharif Nia, H., Kaur, H., Khoshnavay Fomani, F., Rahmatpour, P., Kaveh, O., Pahlevan Sharif, S., Venugopal, A.V. and Hosseini, L., 2021. Psychometric properties of the impact of events scale-revised (IES-R) among general iranian population during the COVID-19 pandemic. <i>Frontiers in psychiatry</i> , p.1177.
	12. Hosseini, L., Sharif Nia, H. and Ashghali Farahani, M., 2021. Hardiness in Family Caregivers during Caring from Persons with Alzheimer's Disease: A Deductive Content Analysis Study. <i>Frontiers in Psychiatry</i> , 12.
	13. Hosseini, L., Hajibabae, F., Navab, E., 2020. Reviewing polypharmacy in elderly. <i>Iranian Journal of Systematic Review in Medical Sciences</i> . 1 (1), 15-24
	14. Sharif Nia, H., She, L., Somasundram, S., Khoshnavay Fomani, F., Kaveh, O., Hosseini, L., 2022. Validity and Reliability of Persian Version of the 12-Item Expectations Regarding Aging Survey Iranian Older Adults Population. <i>The International Journal of Aging and Human Development</i> .
	15. Hosseini, L., Sharif Nia, H. and Ashghali Farahani, M., 2022. Development and psychometric evaluation of family caregivers' Hardiness scale: A sequential-exploratory mixed-method study. <i>Frontiers in Psychology</i> , 704.
	16. Hosseini L, Sivarajan Froelicher E, Ashghali Farahani Ma, Sharif Nia H., 2022. Evaluation of psychometric properties of hardiness scales: A Systematic Review. <i>Frontiers in Psychology</i> .
	17. Sharif Nia, H., Sivarajan Froelicher, E., Hosseini, L., Ashghali Farahani, M., & Hejazi, S. (2022). Development and validation of the care challenge scale in family caregivers of people with Alzheimer's disease. <i>Frontiers in Public Health</i> , 10. doi:10.3389/fpubh.2022.921858



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	<p>18. Sharif Nia, H., Hosseini, L., Ashghali Farahani, M. et al.,2023. Development and validation of care stress management scale in family caregivers for people with Alzheimer: a sequential-exploratory mixed-method study. BMC Geriatr 23, 82. <a href="https://doi.org/10.1186/s12877-023-03785-6">https://doi.org/10.1186/s12877-023-03785-6</a></p> <p>19. Sharif-Nia, Hamid PhDa,b; Sánchez-Teruel, David PhDi; Sivarajan Froelicher, Erika PhDj; Hejazi, Sima PhDd; Hosseini, Lida PhDe; Khoshnavay Fomani, Fatemeh PhDf; Moshtagh, Mozhgan PhDg; Mollaei, Fereshteh PhDh; Goudarzian, Amir Hossein PhDc,f; Babaei, Amir BSc.,. May 2024. Connor-Davidson Resilience Scale: a systematic review psychometrics properties using the COSMIN. Annals of Medicine &amp; Surgery 86(5):p 2976-2991,. DOI: 10.1097/MS9.0000000000001968</p>
<b>Professional Conferences/ Seminars/ Presentations</b>	
<b>Oral presentation</b>	Informed consent for research in older adults: a review article. The 1 <sup>st</sup> national congress on electrophysiology. May 2015
<b>Poster presentation</b>	<ul style="list-style-type: none"> <li>• Tai Chi Chuan can improve balance and reduce fear of falling in community dwelling older adults: a randomized control trial. The 21st annual congress of physical medicine, rehabilitation and electrodiagnosis of Iran. January 2016. (Abstract article)</li> <li>• Development and psychometric evaluation of family caregivers' hardiness scale: a sequential-exploratory mixed-method study. 2nd international Healthy Aging congress+ webinar May 2024. (Abstract article)</li> <li>• Hardiness in family caregivers during caring from persons with Alzheimer's disease: a deductive content analysis study. 2nd international Healthy Aging congress+ webinar May 2024. (Abstract article)</li> </ul>
<b>Grant Support</b>	
<b>Honors And Awards</b>	Obtaining the first national rank in the geriatric nursing master's exam in 2015
<b>Last revision:</b>	October 2024