



Iran University of Medical Sciences and Health Services
School of Nursing and Midwifery

PERSONAL

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Gender	Female
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PROFESSIONAL

Education	<ul style="list-style-type: none">▪ Palliative Care Fellowship from the World Health Organization (2024)▪ Ph.D., Nursing, Iran University of Medical Sciences, May 2022.▪ MSc in Community Health Nursing, Mashhad University of Medical Sciences, September 2013.▪ BS in Nursing, Zahedan University of Medical Sciences, September 2011.
Language	<ul style="list-style-type: none">▪ Farsi Native Language▪ English good
Work history	<ul style="list-style-type: none">▪ Assistant Professor of Iran University of Medical Sciences since 2023▪ Lecturer/ nursing instructor, 2012-present▪ Faculty member, Zahedan University of Medical Sciences, 2014-2017▪ Scientific expert of Iranian Journal of Medical - Surgical Nursing, 2014-2017▪ Holding virtual journal clubs during the Covid 19 pandemic (2019)▪ Holding a workshop (Group Dynamics), Faculty of Nursing and Midwifery, Tabriz University of Medical Sciences (2016)▪ Holding a workshop on the consequences of covid-19 on health in Iran for Tabriz University of Medical Sciences staff - 8 hours (2019)



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- Holding a workshop on health care program at home (September 2022)
 - Holding a future research workshop on nursing care (November 2022)
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Academic rank Assistant Professor

- Interests
- Home health care
 - Palliative care
 - Community oriented nursing
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- Membership
- Iranian Nursing Organization
 - Iranian community based nursing association
 - working group of the National Community Health Nursing document
 - working group of The Future of Nursing
 - Iranian Scientific Association of Medical Education
 - NANDA
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- Research experience
Dissertation/thesis
- The scenarios of future Home Health Care (HHC) on the horizon of 20 years. Ph.D. Thesis
 - Investigation of training competency of health care workers in training clients and patients referring to the health centers of Mashhad. Master Dissertation
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- Articles published
- Taktam Kianian, Masoud Zare, Eshaq Ildarabadi, Hossein Karimi Munaqi, Saman Saber. Comparison of three methods of self-evaluation, evaluation by clients and checklist for observing educational performance in the evaluation of employees of health centers in Mashhad. Scientific research quarterly of Zabol University of Medical Sciences and Health Services. 2013;6(4):0-59. (Persian)
 - Kianian T, Zare M, Ildarabadi E, Karimi Moonaghi H, Saber S. Evaluation of training competency of health care workers in training clients and patients. 3 JNE 2014; 3 (1) :51-60. (Persian)
 - Zare M, Kianian T, Ildarabadi E, Karimi Moonaghi H, Behnam Vashani HR, Saber S. An evaluation of training performance of health care workers in training the patients and clients in Mashhad 2013. Community Health Journal. 2017 May 9; 7(4):18-26. (Persian)



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- Saber S, Kianian T, Mehrabian S, Bastami MR. Observance of professional ethics in the performance of invasive procedures by nurses. *Quarterly Journal of Medical Ethics*.2015. 9 (31): 75-93. (Persian)
- Bastami MR, Kianian T, Borji M, Amirkhani M, Saber S. Assessment of cultural competence among nurses. *Med Ethics*. 2016 Jan 1;10(36):65-72. (Persian)
- Zihaghi M, Saber S, Nouhi E. Respect for privacy by nurses from the perspective of the elderly hospitalized in internal and surgical wards. *Medical-Surgical Nursing Journal*. 2016 Aug 31;5(3). (Persian)
- Fazel-Asgharpour A, Barfi-dokht A, Mirhaghi AH, Shakeri MT, Kianian T. Effect of the implementation of cardiac triage scale on the time indices of patients with chest pain. *Medical-Surgical Nursing Journal*. 2016 May 31;5(1). (Persian)
- Chamanzari H, Hesari-Moghadam M, Malekzadeh J, Shakeri MT, Hojjat SK, Hosseini SM, Kianian T. Effects of a quiet time protocol on the sleep quality of patients admitted in the intensive care unit. *Medical-Surgical Nursing Journal*. 2016 May 31;5(1). (Persian)
- Rigi SN, Kianian T, Kermansaravi F, Yaghmaei F. Quality of life of infertile women referring to an infertility treatment center in Shiraz, Iran. *Payesh (Health Monitor)*. 2016 Oct 15; 15(5):559-66. (Persian)
- Saman Saber, Fariba Burhani, Ali Navidian, Tahereh Ramezani, Mehdi Rizvani Amin, Tektem Kianian. The relationship between quality of work life and productivity of nurses in Kerman University of Medical Sciences hospitals in 2013. *Journal of Bioethics*. 2012; 3(9): 144-166. (Persian)
- Navidian A, Saber S, Kianian T. Correlation of job satisfaction and productivity of nurses working in hospitals in Kerman University of Medical Sciences. *Journal of Health Promotion Management*. 2015 Jan 10;4(1):1-8. (Persian)
- Navidian A, Saber S, Rezvani Amin M, Kianian T. Correlation of quality of work life and job satisfaction in nurses of Kerman University of Medical Sciences. *JHPM* 2014; 3 (2) :7-15. (Persian)
- Borhani F1, Arbabisarjou A, Kianian T, Saber S. Assessment of Predictable Productivity of Nurses Working in Kerman University of Medical Sciences' Teaching Hospitals via the Dimensions of Quality of Work Life. *Glob J Health Sci*. 2016 Oct 1;8(10):55666. doi: 10.5539/gjhs.v8n10p65.
- Valizadeh L, Zamanzadeh V, Saber S, Kianian T. Challenges and Barriers Faced by Home Care Centers: An Integrative Review. *Medical-Surgical Nursing Journal*. 2018;7(3).



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- Kianian T, Kermansaravi F, Saber S, Aghamohamadi F. The Impact of Aerobic and Anaerobic Exercises on the Level of Depression, Anxiety, Stress and Happiness of Non-Athlete Male. *Zahedan Journal of Research in Medical Sciences*. 2018;20(1).
- 16. Kianian T, Navidian A, Gheraatipour H. Assessment of teaching competencies of faculty members from the viewpoints of faculty members and students. *Educ Strategy Med Sci*. 2020; 13 (4):342-350. URL: <http://edcbmj.ir/article-1-2149-fa.html> (Persian)
- Pakpour V, Allahverdi Mamaghani R, Kianian T. Comparison of Knowledge and attitude of Nursing Students and Nurses towards facts of aging period in 2019. *Journal of Gerontology*. 2020 Mar 10;4(4):0-(Persian)
- Valizadeh L, Kianian T, Najafi F, Pakpour V. Comparative study of community health nursing master's education program in iran and john hopkins school of nursing. *The J Urmia Nurs Midwifery Fac*. 2019;16(12):865-80. (Persian)
- Ghavi A, Valizadeh L, Zamanzadeh V, Kianian T. Designing and Validating Novel Scales for the Evaluation of Curriculum in Terms of Ethics and Justice. *Iranian Journal of Medical Education*. 2019 Apr 10;19: 554-64.
- Kianian T, Lotfi M, Zamanzadeh V, Rezayan A, Hazrati M, Pakpour V. Exploring Barriers to the Development of Home Health Care in Iran: A Qualitative Study. *Home Health Care Management & Practice*. 2021 Sep 6:10848223211038510
- Kianian T, Pakpour V, Zamanzadeh V, Lotfi M, Rezayan A, Hazrati M, Gholizadeh M. Cultural Factors and Social Changes Affecting Home Healthcare in Iran: A Qualitative Study. *Home Health Care Management & Practice*. 2022 Jan 11:10848223211072224.
- Hanieh Neshat, Masoud Jamshidi, Kafiyeh Aslani, Mina Abbasi, Toktam Kianian. The Impact of massage on the pain and fear levels of children during venipuncture: a clinical trial. *International Journal of Pediatrics*. *International Journal of Pediatrics*. 2022
- Kianian T, Navidian A, Aghamohamadi F, Saber S. comparing the effects of aerobic and anaerobic exercise on sleep quality among male nonathlete students. *Nurs Midwifery Stud* 2017; 6:168-73.
- Fereidouni A, Rassouli M, Kianian T, Elahikhah M, Soury H, Azizi S, Barasteh S. Factors related to good death in the Eastern Mediterranean Region: a systematic review. *EMHJ*. 2022; 28(8-2022).
- bagheriyeh f, zadi akhuleh o, lotfi m, aghazadeh a, kianian t. examining the educational needs and behavior of nursing students in passing through the psychological comfort zone during the covid-19



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outbreak: a mixed method study. *nursing and midwifery journal* 2023; 21 (3) :238-249

- Jafarizadeh R, Ebadi A, Roshan HM, Kianian T, Barasteh S, Ebrahimloee S, Pelarak F, Goliroshan S, Hatami M, Soleimani M. Relationship between workplace violence and attitudes towards the nursing profession in nursing students: A cross-sectional study in Iran. *Journal of Education and Health Promotion*. 2024 Oct 1;13(1):383.
- Eshghi F, Pourgholam N, Kianian T, Kashani M, Azami M. Innovative services in home health nursing: a scoping review protocol. *BMJ open*. 2024 Mar 1;14(3):e077174.
- Dehkordi LM, Kianian T, Nasrabadi AN. Nursing students' experience of moral distress in clinical settings: A phenomenological study. *Nursing Open*. 2024 Mar;11(3):e2141.
- Saber S, Kianian T. Challenges of Care in Patients with Severe Mental Disorders: An Integrative Review. *knowledge of nursing*. 2023 Nov 10;1(3):238-56.
- Rezaei MA, Zahiri A, Kianian T, Hashemi E, Askari A, Golmohammadi M, Mirsadeghi A, Barasteh S. Factors related to patients' readiness for advance care planning: a systematic review. *BMC Public Health*. 2025 Jan 7;25(1):78.

Professional
Conferences/ Seminars/
Presentations

- Examining the level of compliance with professional ethics in the implementation of invasive procedures by nurses. The fourth annual congress of Iranian medical ethics. 2014

Oral presentation

Poster presentation

- Investigating the quality of life of adolescents with type 1 diabetes referring to Zahedan Diabetes Center. The annual national seminar of the students of Eastern Iran, autumn 2013 (summary of the article)
- Evaluation of training competency of health care workers in training clients and patients. The first international nursing and midwifery conference, summer 2013 (abstract of the article)
- Examining the status of educational performance of health care center employees in training clients and clients. The first national conference on teaching and learning methods in the field and university, 2013 (abstract of the article)
- The effect of two different types of aerobic and anaerobic exercise and a non-exercise period on plasma homocysteine and factors affecting obesity in sedentary young men. The first national conference of new achievements in physical education and sports 2014 (summary of the article)
- Comparison of the effect of aerobic and anaerobic exercise on the sleep quality of non-athletic male students in 2014. The second applied research congress of students of universities of medical sciences in Sistan and Baluchistan province (abstract of the article)



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- Comparison of three methods of self-evaluation, evaluation by clients and checklist for observing educational performance in the evaluation of health center employees. The first international health and wellness nursing and midwifery congress 2013 (abstract of the article)
 - Knowledge and attitude of nurses of Tabriz University of Medical Sciences regarding old age. The first health conference for the elderly. Tabriz 2018 (abstract of the article)
 - The relationship between emergency medical technologies and the elderly. Interdisciplinary Conference on Geriatric Medicine 2014
 - Home Nursing Care, Iranian Nursing Organization, ID 296977, 2014
 - Home Health Care, Iranian Nursing Organization, 2024
 - Responsive Education and Social Accountability, 2024
 - The importance of geriatric medicine in Iranian society, the second interdisciplinary conference on geriatric medicine (10/12/1402) (abstract of the article)
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Grant Support

Honors And Awards

Last revision: 2025 January
